

SailTime San Francisco Office: 6 Admiral Drive Suite A381

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## **ASA 106 Course Plan**

NOTE: Course itinerary may be altered as needed to compensate for weather and tides.

**Topics** Provisioning **Day 1:** Abandon Ship Packing Ditch Bag □ Pre-Cruise ☐ Assigning Skippers Navigation Plan/Chart Briefing □ Discuss Course Itinerary □ Grabbing Mooring Balls ☐ Meal Plan □ Setup Anti-Chafe □ Watch Schedule □ Reduce Noise Day 2: □ Diesel Troubleshooting □ Sail Plans & Reefing ☐ Starting w/ Dead Battery □ VHF Radio □ Rigging a Preventer Anchoring: ☐ Trip Line & Snubber □ Running Aground □ Fuel Consumption □ Plan □ Watch Schedule □ Rules of the Road ☐ Commercial Traffic □ Recovery Methods **Day 3:** Plumbing Jury Rigging □ Reefing/Shaking Out □ Electrical Pumping Overboard Holing □ Towing a Dinghy Dismasting □ Tying Up at the Dock Distress Signals □ Towing a Boat Yachtsmanship Day 4: Storm Strategies: □ Destination Sail & Dock ☐ Storm Jib Pumping Out □ Warps, Drogues & Sea □ Taking Down Sails **Anchors** □ Advanced Sail Trim Heaving To ☐ Weather Steering Loss □ Sounding Methods **Day 5:** □ Review/Q&A □ Post-Cruise □ Written Exam Debriefings □ Course Evaluations □ Grading & Discussion □ Sign Log Books ☐ COB's

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