

ASA 104, Bareboat Cruising Student,

Please prepare for our trip by:

- Reviewing the course outline and syllabus in your ASA logbook, and understanding each point.
- Studying *Cruising Fundamentals* by Munns.
- Passing the ASA 104 written test. The test subjects are outlined in the logbook, and explained in *Cruising Fundamentals*. Test can be taken during or after the trip to Catalina too.

Have the following *written* information ready for my inspection upon arrival at the boat:

- A current weather forecast for the three days.
- Course to steer under power to Isthmus Cove at Two Harbors.
- The time required to sail to Isthmus Cove at 5.5 kts. Distance is 31 nautical miles.
- Fuel required for round trip, assuming worst case (no sailing), average speed 5.5 kts., 1 GPH.
- Fuel remaining in tank upon return (emergency reserve): Fuel capacity of Beneteau 35.1 and 38.1 is 34 gallons.
- Estimated water requirements for crew including washing, showering, and cooking.
- Amount of water remaining in tank upon return (emergency reserve): Water capacity of Beneteau 35.1 and 38.1 is 87gallons.

Please note that, depending on weather and sea conditions, our route and anchorages may vary.

Other things to bring:

- seasickness medicine if you need it. (ginger ale, ginger snaps, candied ginger can help)
- comfortable life vest if you have one, preferably with harness and tether
- hat
- sunglasses
- sunscreen
- shorts
- long pants
- warm clothes
- Depending on season: rainproof jacket or windbreaker or foul weather gear if you have it
- boat shoes
- swim suit
- towel
- We can provide bedding if you would like, or you can bring your own.
- A duffel bag is much easier to store on a sailboat than a suitcase.
- Food and drink for the trip. Part of the course is learning to cook on board. Please plan to make an extra portion of food for the captain.

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Multiple time recipient of the ASA Outstanding Sailing School of the Year